

Key Factors for Reducing Complications of Blood Clotting Disorders (related to impaired fibrinolytic function)

-Specific blood test for genetic factors of polymorphisms 4G/4G-1 and 4G/5G

-Testing for impaired fibrinolytic function

-Test fibrinogen levels

-Consume diets to lower fibrinogen levels

-High plasminogen activator inhibitor (PAI-1) levels are linked to several components of insulin resistance syndrome (Syndrome-X, Metabolic syndrome, etc.)

- A. High Triglycerides
- B. High VLDL cholesterol
- C. High blood glucose levels
- D. Elevated insulin levels